

Tennis at Shrewsbury (all levels)

Our Tennis Academy is taught onsite by a small team of qualified and experienced coaches led by an LTA Senior Performance Coach (UKCC Level 4).
 The excellent coach to student ratio allows students to work hard at improving their tennis skills as part of a small group, whilst also receiving some individual coaching.
 Students are assessed on the first day, then put into groups depending on ability and experience.
 Using the latest coaching techniques, a wide spectrum of abilities from beginner/social player to international standard juniors are catered for.
 All aspects of the game are covered - tactical, technical, physical and mental. Tournament day at the end of each week.
This academy also includes 15 hours' English tuition on five afternoons per week.



Example	09.00	10.00	10.45	11.30-12.00
Thursday	Introduction to the course. Fun warm up game, followed by on court assessment	Theme: Playing tennis from the baseline.	After a short break, and using the day's theme, more 'open' drill situations to try out	Fun games or match situations to complete the session
Friday	Fun fitness training session	Theme: Playing tennis from the net.	After a short break, and using the day's theme, more 'open' drill situations to try out	Fun games or match situations to complete the session
Saturday	On-site activities e.g. a choice of sports, team challenges, arts and crafts and drama games			
Monday	Fun fitness training session	Theme: The two most important shots in tennis - serve and return.	Short sessions on previous themes, or Doubles Tactics	Fun games or match situations to complete the session
Tuesday	Fun warm up game	Competition	Competition	Competition Prize Giving

Head Tennis Coach Profile: Pete Brown



LTA Senior Performance Coach
UKCC Level 4

Former Junior Team
Coach/Coordinator for Shropshire
LTA

Shropshire Men's Doubles
Champion 1997, 1999, 2011 & 2012
Ranked in top 70 in GB as a junior,
and No. 1 in Shropshire.

Head of tennis at Shrewsbury
School