

## Horse Riding at Shrewsbury - all levels (please advise us of your level at the time of booking)

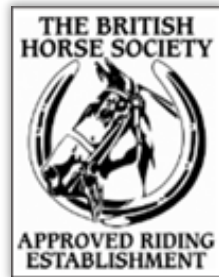
The Horse Riding Academy takes place at Telford Equestrian Centre, situated east of Shrewsbury. Facilities include outdoor arenas, a large indoor school, lecture rooms and cross-country courses.

All instructors are trained to the highest level and many are competitive riders themselves.

Students are taught individually or in small groups, split by level, so that they get the very most out of their experience. All aspects are covered - hacking, jumping, dressage and stable management.

Transportation to the stables is included.

*This academy also includes 15 hours' English tuition on five afternoons per week.*



Example	09.00	10.00	10.45-12.00
Thursday	Health and safety introduction. Approach pony, put on head collar and tie up. Lead pony.	Assess riders in arena. Mounting, dismount, basic position, aids, walk and trot.	Fun activity! Return to stables
Friday	Signs of behaviour. Colours and markings. Points of the horse.	<b>Arena:</b> Develop position, aids and steering.	Fun activity! Return to stables
Saturday	On-site activities e.g. a choice of sports, team challenges, arts and crafts and drama games		
Monday	Turn out and catch in from grass. Basic grass care.	<b>Arena:</b> Steering and control skills	Practice competition activity Return to stables
Tuesday	<b>Competition</b> - according to rider ability. Presentation of certificate s and rosettes.		

### Equestrian Centre Profile



**Mike Khan**

Director and Proprietor since 1994

MSc Equestrian/Equine Studies  
Aberystwyth University

Certified by the British Horse Society  
(BHS)

Approved by the Association of  
British Riding Schools