discovery summer

Adventure Sports at Shrewsbury (all levels)

AALA — ADVENTURE ACTIVITIES LICENSING AUTHORITY
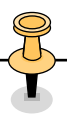
Our challenging and varied Adventure Sports programme is based at The Edge activity centre, southeast of Shrewsbury, on four days a week.

We offer a wide range of activities, all taught by qualified instructors who make each and every session fun, exciting and challenging for all levels and abilities!

Transportation to and from the centre is included as well as all protective equipment.

This academy also includes 15 hours' English tuition on five afternoons per week.

Example	09.00-10.30	10.45-12.00
Thursday	**Archery lesson and Competition** OR **Clay pigeon shooting, training and competition**	**Quad biking** OR **Mountain boarding**
Friday	**Jacobs Ladder** OR **Climbing Wall**	**Tag archery competition** OR **Sniper shooting**
Saturday	**On-site activities** e.g. a choice of sports, team challenges, arts and crafts and drama games	
Monday	**Zip wire** OR **Clout Archery**	**Bushcraft** OR **Zip wire**
Tuesday	**Blindfold off-road driving challenge**	

Activity Examples

Range Archery	Archers shoot at distances of between 10 metres and 90 metres outdoors
Clout Archery	Archers shoot arrows at a flag from a relatively long distance and score points!
Tag Archery	A unique combination of archery, paintball and dodgeball, with no pain or mess!
Sniper Shooting	Olympic style rifle shooting
Mountain Boarding	Like a snowboard, with off-road wheels
Team Challenge	Ground-based problem solving activities to create bonds between new friends
Jacobs Ladder	Climb in groups of 3 to get as many points as possible on the ladder
Nightline	Use teamwork to lead your way around a blindfolded obstacle course
Bush Craft	Gain knowledge and skills of how to survive in the wilderness
Quad Biking	After briefing and training, drive the purpose-made route on a quad bike!
Climbing Wall	Test your skills on the 28ft tall climbing tower!
Rocket Launch Challenge	As a team, work together and build a course to transport rocket fuel.
Blindfold 4x4 offroad driving challenge	The driver is blindfolded, and their partner is the navigator!